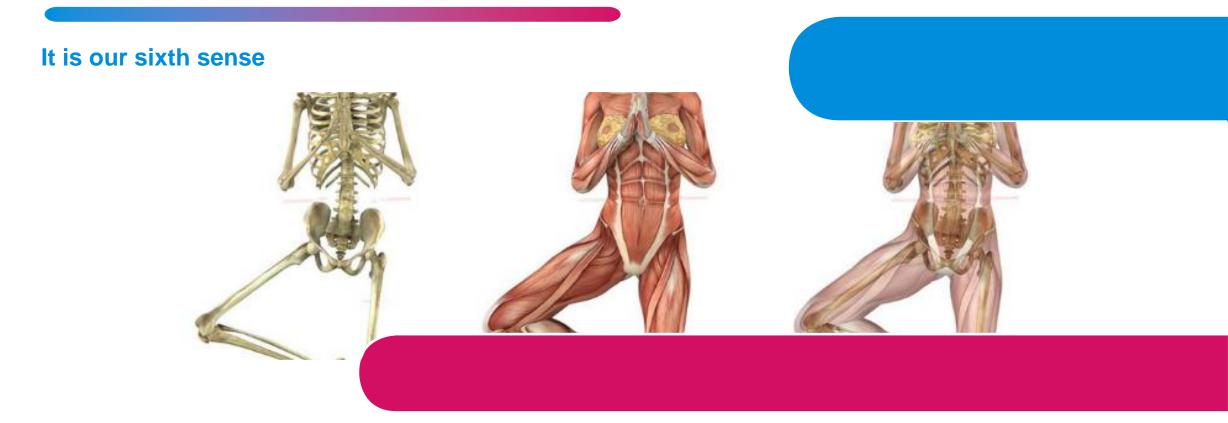


Fitting your balance





### Proprioception is essential for human machine





### **TODAY, YOU TRAIN IT SO!**

## We introduce you to a new way of training proprioception

- Ther's two way to training proprioception.
- Due to instability surfaces.
- Due to a reduction in the support polygon.
- We can shift the weight of the body into space, building ever new exercises
- We can also work on the horizontal plane by rotating the body and simulating changes of direction
- You can work in vertical and horizontal instability

Two different sizes of the half spheres (Cups)

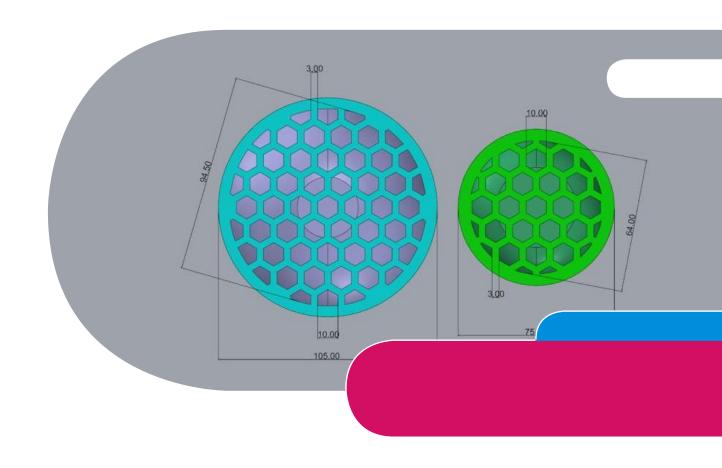
A system of integrable and modifiable tools



### Two different size

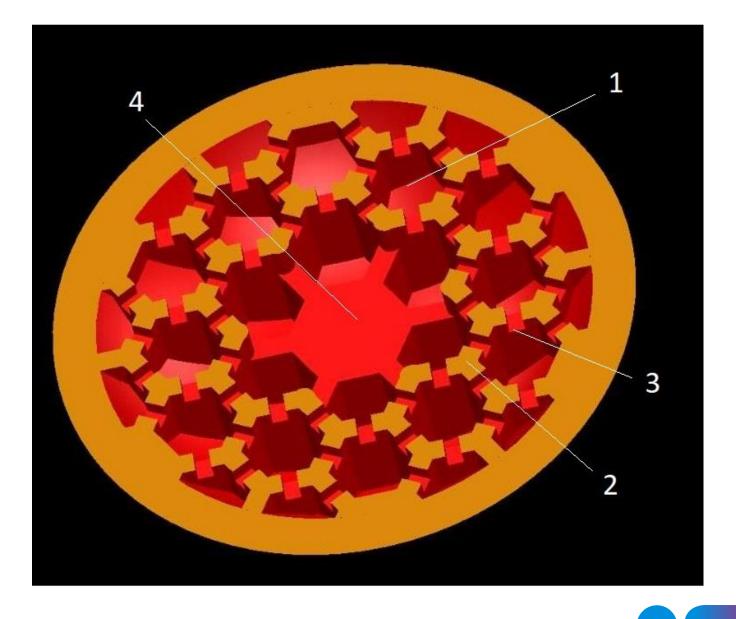
#### **Internal hexagonal structure**

The hexagon is the most stable physical form in nature

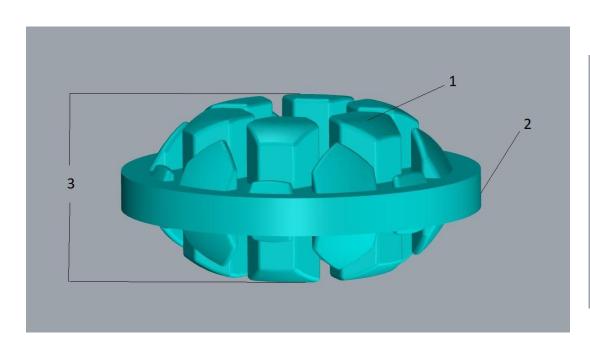


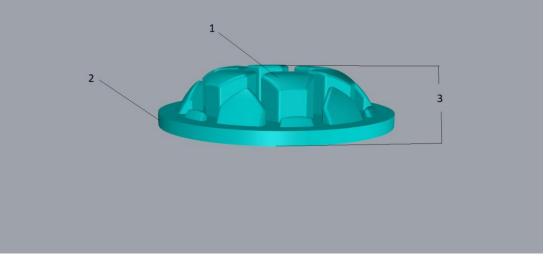
## A new form to be softer

- 1 hexagon
- 2 ground support reduction
- 3 Space to increase lateral elasticity
- 4 lower central part

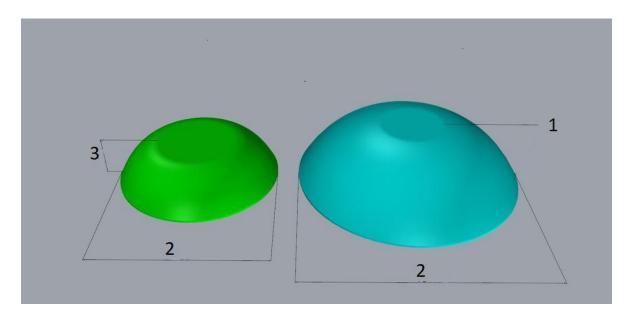


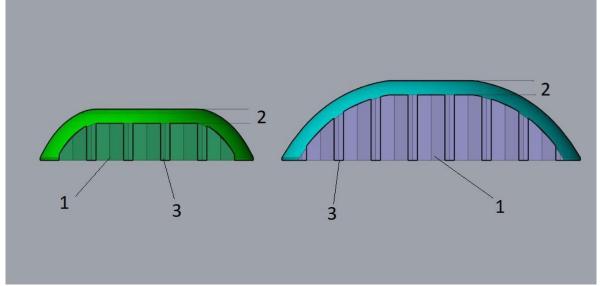
# Two different connectors between the hemispheres (CUPS)



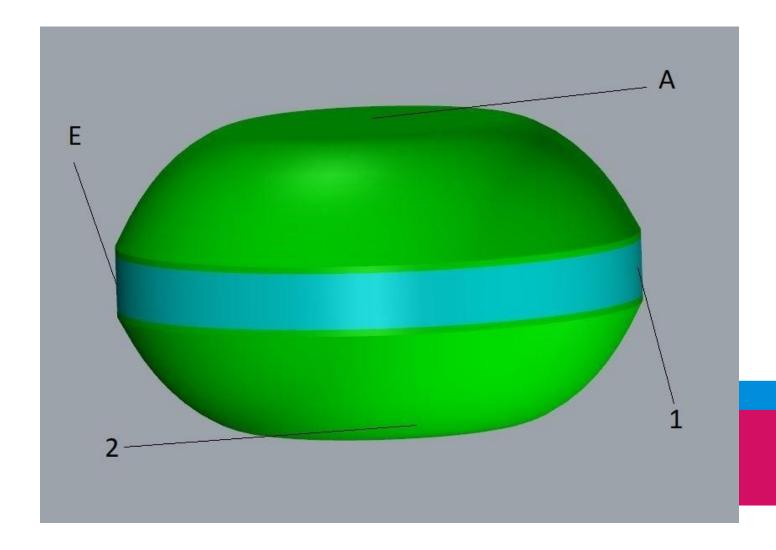


## The external and internal forms

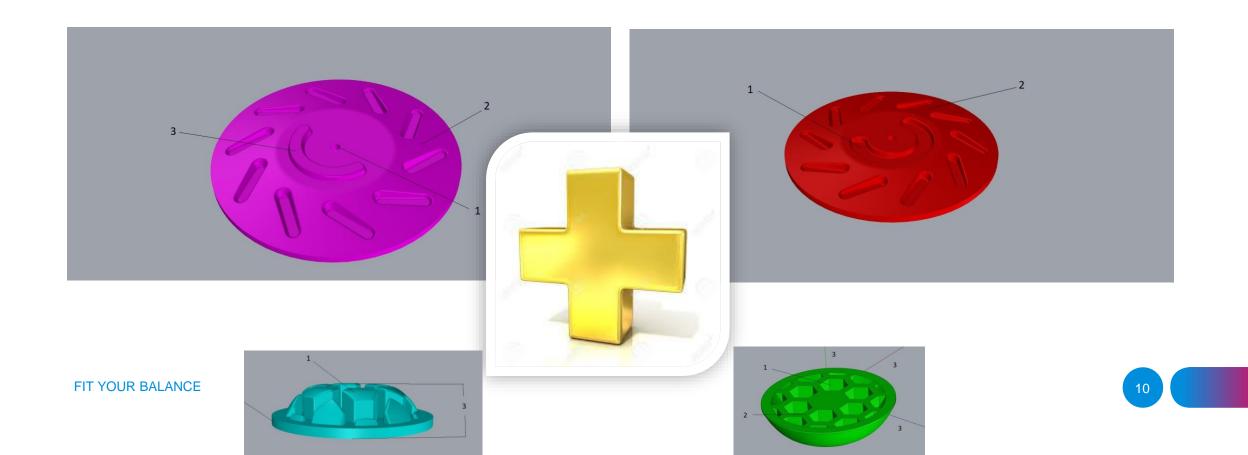




## Final Shape



## The two parts that make up the T4D

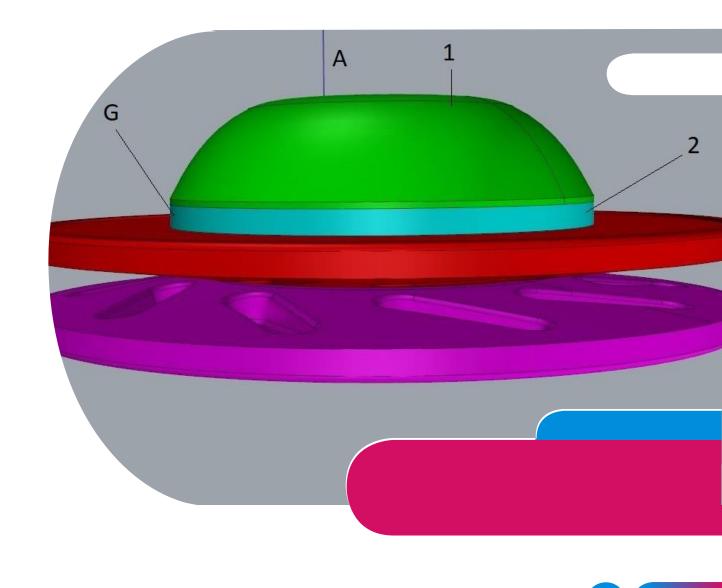


### THE T4D



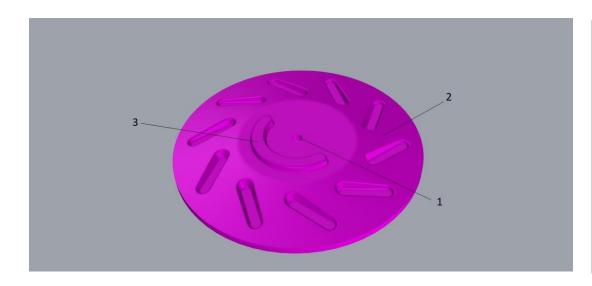


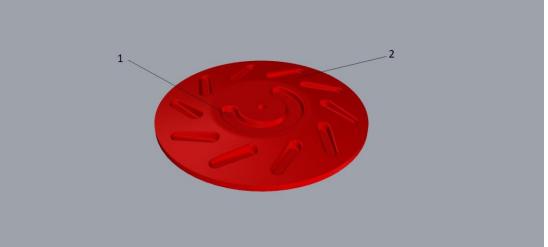




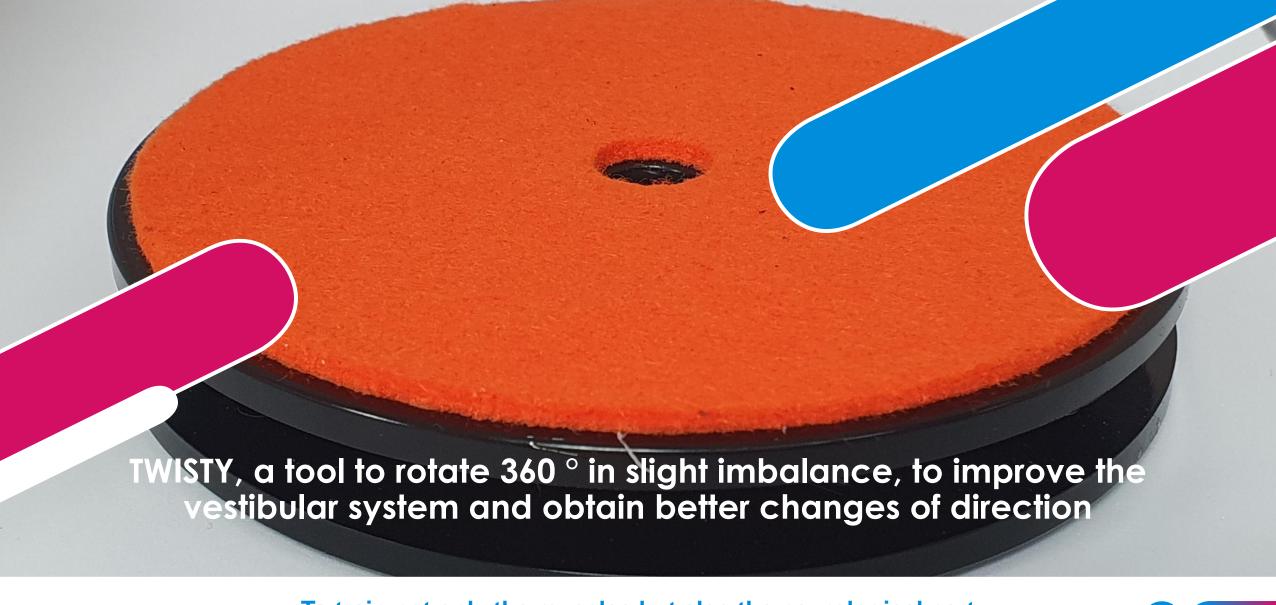
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## The two parts that make up the T4D, became.....



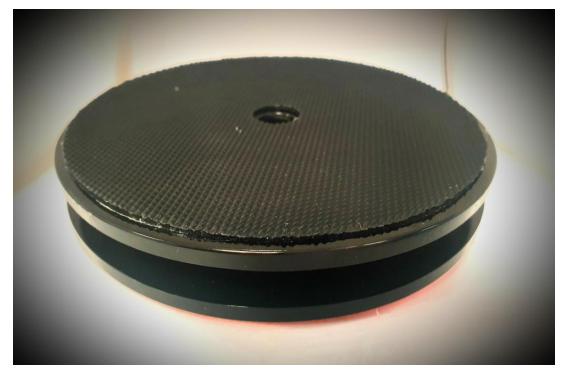






## **Twisty**

#### Black side, not sliding on the floor



#### Orange side, sliding on the floor



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## T4D

## 4

#### **Instability configuration**



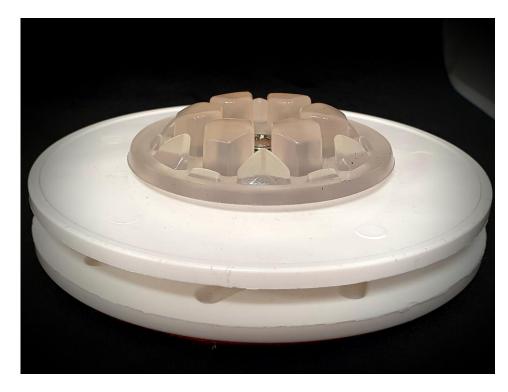
#### Orange cup softer then green and yellow



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## T4D 00000

#### **Side with connector**



#### Orange side, sliding on the floor



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#### Unstable area with Cups and connectors - possibility to include an IMU sensor







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Lines to position the foot in a repeatable way

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